

FORM C - SUBSTANCE USE PREVENTION NARRATIVE

Local Authority: Davis Co

With the intention of helping every community in Utah to establish sustainable [Community Centered Evidence Based Prevention](#) efforts, fill in the following table per the instructions below.

Not every community will be at optimal readiness nor hold highest priority. This chart is designed to help you articulate current prevention activities and successes as well as current barriers and challenges. Please work with your Regional Director if you have questions about how to best report on your communities. For instructions on how to complete this table, please see the Community Coalition Status Tool [here](#).

List every community in your area defined by one of the following:

1. serving one of the 99 Small Areas within Utah
2. serving the communities that feed into a common high school
3. any other definition of community with OSUMH approval.

*All “zero” or “no priority” communities may be listed in one row

| CCEBP Community | CCEBP Community Coalition Status (see tool here) | Priority High Medium Low | Notes/ Justification of Priority | List of Programs Provided (if applicable) | Evidence Based Operating System (e.g. CTC, CADCA Coalition Academy, PROSPER) | Links to community strategic plan |
|--|---|-----------------------------------|---|---|--|--|
| North Davis CTC (Syracuse & Clearfield High School Cones) | E7/8 | High Priority | Phase 4: Continuing to develop a community action plan Phase 5: Implementation of part of the community action plan. | Big Brothers Big Sisters Circle of Security Learning to Breathe Strengthening Families | Coalition is following the CTC framework Coalition coordinator has been trained in CTC | TBA |

| | | | | | | |
|--|-----|---------------|---|---|---|---------------------|
| Layton CTC (Layton & Northridge High School Cones) | E7 | High Priority | Phase 4: Developing a community action plan. | TBD | Coalition is following the CTC framework Coalition coordinator has been trained in CTC | TBA |
| Central CTC (Davis & Farmington High School Cones) | E4A | High Priority | Phase 1: Getting started. Key Leader Board Orientation scheduled for May 2022 | TBD | Coalition is following the CTC framework Coalition coordinator has been trained in CTC | TBA |
| South Davis CTC (Bountiful & Viewmont High School Cones) | E7 | High Priority | Phase 4: In the process of developing a strategic plan. | Big Brothers Big Sisters Circle of Security Learning to Breathe Strengthening Families | Coalition is following the CTC framework Coalition coordinator has been trained in CTC | TBA |
| Woods Cross, West Bountiful, & North Salt Lake CTC (Woods Cross High School Cone) | E7 | High Priority | Phase 4: In the process of developing a strategic plan. | Big Brothers Big Sisters Circle of Security Learning to Breathe Strengthening Families | Coalition is following the CTC framework Coalition coordinator trained in CTC | TBA |

Area Narrative

Community: Northern Davis (Syracuse & Clearfield Cones) - HIGH PRIORITY

The North Davis CTC (ND-CTC) is using the Communities that Care operating system and is currently in **PHASE 4 & 5: Create a Plan & Implement and Evaluate** (identified at status E7 & E8). Data and resource assessments have been completed, priority risk and protective factors have been determined, and evidence-based programs have been selected. NDCTC is in the process of selecting environmental strategies (Phase 4); and is currently implementing and evaluating selected evidence-based prevention programs (Phase 5).

Priorities: Alcohol, Vaping, & Marijuana

Risk Factors: Depressive Symptoms, Family Conflict, Low Commitment to School, and Low Neighborhood Attachment.

Protective Factor: Family Attachment & Rewards for Prosocial Involvement (Community & Family).

Evidence-based programs: Big Brothers and Big Sisters, Strengthening Families, Circle of Security, and Learning to Breathe.

DBH provides a full-time coalition coordinator and a part-time diversity coordinator for the NDCTC. DBH staff will provide support to the NDCTC in each phase of the CTC process and will participate in the development and implementation of a local area plan. DBH will support the coalition in securing funding for evidence-based prevention programming.

Layton CTC (Layton & Northridge Cones) - HIGH PRIORITY

The Layton CTC is using the Communities that Care operating system and is currently in **PHASE 4: Create a Plan** (identified at status E7). Data and resource assessments have been completed, priority risk and protective factors have been determined. Layton CTC is in the process of selecting evidence-based programs.

Priorities: Vaping, Alcohol, Marijuana, Depression, Suicide

Risk Factors: Low Commitment to School, Depressive Symptoms, and Attitudes Favorable to ASB.

Protective Factor: Prosocial Involvement, Interaction with Prosocial Peers, Rewards for Prosocial (School and Community Domains)

Evidence-based programs: TBA

DBH provides a full-time coalition coordinator and a part-time diversity coordinator for the Layton CTC. DBH staff will provide support to the Layton CTC in each phase of the CTC process and will participate in the development and implementation of a local area plan. DBH will support the coalition in securing funding for evidence-based prevention programming.

Central Davis (Davis & Farmington Cones) - MEDIUM PRIORITY

The Central Davis CTC is using the Communities that Care operating system and is currently in **PHASE 1: Getting Started** (identified at status A4). Central Davis is working to identify and recruit community stakeholders and key decision-makers to the Communities that Care process. Key Leader Orientation is scheduled for May 2022.

Priorities: TBA

Risk Factors: TBA

Protective Factor: TBA

Evidence-based programs: TBA

DBH provides two part-time coalition coordinators for the Central Davis CTC. DBH staff will provide support to the Central Davis CTC in each phase of the CTC process and will participate in the development and implementation of a local area plan. DBH will support the coalition in securing funding for evidence-based prevention programming.

South Davis (Viewmont & Bountiful Cones) - HIGH PRIORITY

The South Davis CTC (1) is using the Communities that Care operating system and is currently in **PHASE 4: Create a Plan** (identified at status E7). Data and resource assessments have been completed, priority risk and protective factors have been determined, and evidence-based programs have been selected. SDCTC (1) is currently developing their community action plan.

Priorities: Vaping, Alcohol, Marijuana

Risk Factors: Depressive Symptoms, Poor Family Management, Low Commitment to School, Low Neighborhood Attachment

Protective Factor: Family Attachment, Opportunities for Prosocial Involvement (family domain).

Evidence-based programs: Big Brothers and Big Sisters, Strengthening Families, Learning to Breathe, and Circle of Security.

DBH provides two part-time coalition coordinators for the South Davis CTC (Bountiful & Centerville). DBH staff will provide support to the South Davis CTC in each phase of the CTC process and will participate in the development and implementation of a local area plan. DBH will support the coalition in securing funding for evidence-based prevention programming.

South Davis (Woods Cross Cone) - HIGH PRIORITY

The South Davis CTC (2) is using the Communities that Care operating system and is currently in **PHASE 4: Create a Plan** (identified at status E7). Data and resource assessments have been completed, priority risk and protective factors have been determined, and evidence-based programs have been selected. SDCTC (2) is currently developing their community action plan.

Priorities: Vaping, Alcohol, Marijuana

Risk Factors: Depressive symptoms, Family Conflict, Poor Family Management, Low Commitment to School, Low Neighborhood Attachment

Protective Factor: Opportunities for Prosocial Involvement (family domain), Recognition for Prosocial Involvement (community domain)

Evidence-based programs: Big Brothers and Big Sisters, Strengthening Families, Learning to Breathe, and Circle of Security.

DBH provides two part-time coalition coordinators for the South Davis CTC (WX, NSL, WB) DBH staff will provide support to the South Davis CTC in each phase of the CTC process and will participate in the development and implementation of a local area plan. DBH will support the coalition in securing funding for evidence-based prevention programming.

Create a Logic Model for each program or strategy funded by Block Grant Dollars, PFS, SOR, SPF Rx or State General Funds.

| Program Name | | | Cost of Program | | Identify OSUMH approved Evidence Based Clearinghouse | |
|-------------------------------|---------------------------------|--|--|---|---|--|
| Communities that Care | | | Block Grant Funds:256500 State General Funds: Discretionary Funds:243500 | | https://www.blueprintsprograms.org/ | |
| | | | Total: \$500,000 | | | |
| Agency/Coalition | | | Tier Level: | | | |
| DBH, NDCTC, LCTC, CCTC, SDCTC | | | 4 | | | |
| | Goal | Factors | Focus Population: U/S/I | Strategies | Outcomes | |
| | | | Universal/Selective/Indicated | | Short | Long |
| Logic | Reduce Lifetime E-Cigarette Use | Depressive Symptoms (Risk) Family Conflict (Risk) | Universal Key Leaders Community Members Youth | CSAP Prevention Strategy: Community-based process | Depressive symptoms will decrease in all grades from 39.5% in 2021 to 37.5 in | Lifetime e-cigarette use will decrease in 8th grade from 8.7% in 2021 to 7% in 2031. |

| | | | | | | |
|--------------------|-------------------|-------------------|---|---|---|--|
| | | | | | 2025 Family conflict will decrease in all grades from 27% in 2021 to 28% in 2025 | E-Cigarette Use will decrease in 10th grade from 15.3% in 2021 to 13% in 2031. |
| Measures & Sources | 2021 SHARP Report | 2021 SHARP Report | Meeting agendas and minutes, program & event logs | Meeting agendas and minutes, program & event logs | 2025 SHARP Report | 2031 SHARP Report |

| Program Name | | | | Cost of Program | | Identify OSUMH approved Evidence Based Clearinghouse | |
|-------------------------------|---------------------------------|----------------------------|--|--|--|---|---|
| Learning to Breathe | | | | Block Grant Funds: State General Funds: Discretionary Funds:157500 | | Plan to submit peer review journals to the EBW by June 2023 | |
| | | | | Total: \$157500 | | | |
| Agency/Coalition | | | | Tier Level: | | | |
| DBH, NDCTC, LCTC, CCTC, SDCTC | | | | 4 | | | |
| | Goal | Factors | Focus Population: U/S/I | | Strategies | Outcomes | |
| | | | Universal/Selective/Indicated | | | Short | Long |
| Logic | Reduce Lifetime E-Cigarette Use | Depressive Symptoms (Risk) | Universal This program will be provided to 6th, 8th, and 10th grade students in Davis County. We anticipate serving 2500-3000 individuals. | | CSAP Prevention Strategy: Education – group classes offered in 6 th grade classrooms in Davis County. | Depressive symptoms will decrease in 6 th grade from 31.6%in 2021 to 30.6% in 2025 | Lifetime e-cigarette use will decrease in 8th grade from 8.7% in 2021 to 7% in 2031. E-Cigarette |

| | | | | | | |
|--------------------|-------------------|-------------------|--------------------|---------------------------------|--|--|
| | | | | Twelve 30-minute lessons | Depressive symptoms will decrease in 8th grade from 34.5% in 2021 to 33.5% in 2025 | Use will decrease in 10th grade from 15.3% in 2021 to 13% in 2031. |
| Measures & Sources | 2021 SHARP Report | 2021 SHARP Report | Attendance Records | Program Log, Attendance Records | 2025 SHARP Report | 2031 SHARP Report |

| Program Name | | | Cost of Program | | Identify OSUMH approved Evidence Based Clearinghouse | |
|------------------------|---------------------------------|------------------------|---|---|---|---|
| Strengthening Families | | | Block Grant Funds:30000 State General Funds: Discretionary Funds:40000 | | https://www.blueprintsprograms.org/programs/18999999/strengthening-families-10-14/ | |
| | | | Total: \$70,000 | | | |
| Agency/Coalition | | | Tier Level: | | | |
| DBH, NDCTC, SDCTC | | | 4 | | | |
| | Goal | Factors | Focus Population: U/S/I | Strategies | Outcomes | |
| | | | Universal/Selective/Indicated | | Short | Long |
| Logic | Reduce Lifetime E-Cigarette Use | Family Conflict (Risk) | Universal/Selective This program targets families in Davis County with children ages 10-14 Participants are self-referral and/or referred by school personnel or faith leaders. | CSAP Prevention Strategy: Education – group classes offered in the community to families in Davis | Family conflict will decrease in 6 th grade from 29.6% in 2021 to 28% in 2025 | Lifetime e-cigarette use will decrease in 8th grade from 8.7% in 2021 to 7% in 2031. E-Cigarette |

| | | | | | | |
|--------------------|-------------------|-------------------|---|---|--|--|
| | | | We anticipate serving 100-130 families. | County. This program runs for seven weeks for 2 ½ hours. | Family conflict will decrease in 8 th grade from 21.9% in 2021 to 20% in 2025 | Use will decrease in 10 th grade from 15.3% in 2021 to 13% in 2031. |
| Measures & Sources | 2021 SHARP Report | 2021 SHARP Report | Attendance Records | Program Log, Attendance Records | 2025 SHARP Report | 2031 SHARP Report |

| | | | | | | | |
|--------------------|---------------------------------|------------------------|--|---|--|---|--|
| Program Name | | | | Cost of Program | | Identify OSUMH approved Evidence Based Clearinghouse | |
| Circle of Security | | | | Block Grant Funds:45000 State General Funds: Discretionary Funds: | | https://www.cebc4cw.org/program/circle-of-security-parenting/ | |
| | | | | Total: \$45,000 | | | |
| Agency/Coalition | | | | Tier Level: | | | |
| DBH, NDCTC, SDCTC | | | | 4 | | | |
| | Goal | Factors | Focus Population: U/S/I | | Strategies | Outcomes | |
| | | | Universal/Selective/Indicated | | | Short | Long |
| Logic | Reduce Lifetime E-Cigarette Use | Family Conflict (Risk) | Universal/Selective This program targets parents/caregivers in Davis County with children ages 0-6. Participants are self-referral and/or referred by school | | CSAP Prevention Strategy: Education – group classes offered in the community to parents/ | Family conflict will decrease in 6 th grade from 29.6% in 2021 to 28% in | Lifetime e-cigarette use will decrease in 8th grade from 8.7% in 2021 to 7% in 2031. |

| | | | | | | |
|--------------------|-------------------|-------------------|---|---|--|--|
| | | | <p>personnel or faith leaders.</p> <p>We anticipate serving 80-100 caregivers in Davis County</p> | <p>caregivers in Davis County</p> <p>This program runs for eight weeks for 1.5 hours.</p> | <p>2025</p> <p>Family conflict will decrease in 8th grade from 21.9% in 2021 to 20% in 2025</p> | <p>E-Cigarette Use will decrease in 10th grade from 15.3% in 2021 to 13% in 2031.</p> |
| Measures & Sources | 2021 SHARP Report | 2021 SHARP Report | Attendance Records | Program Log, Attendance Records | 2025 SHARP Report | 2031 SHARP Report |

| Program Name | | | | Cost of Program | | Identify OSUMH approved Evidence Based Clearinghouse | |
|------------------------------------|---------------------------------|----------------------------|--|---|--|---|--|
| Mindfulness Based Stress Reduction | | | | Block Grant Funds:25000 State General Funds: Discretionary Funds: | | Plan to submit peer review journals to the EBW by June 2023 | |
| | | | | Total: \$25,000 | | | |
| Agency/Coalition | | | | Tier Level: | | | |
| Davis Behavioral Health | | | | 4 | | | |
| | Goal | Factors | Focus Population: U/S/I | | Strategies | Outcomes | |
| | | | Universal/Selective/Indicated | | | Short | Long |
| Logic | Reduce Lifetime E-Cigarette Use | Depressive Symptoms (Risk) | Selective This program targets adults in Davis County who report having depressive symptoms. Participants are self-referral, referred by a | | CSAP Prevention Strategy: Education – group classes offered in the community | Depression symptoms will decrease by 20% from pre to post-test. | Lifetime e-cigarette use will decrease in 8th grade from 8.7% in 2021 to 7% in |

| | | | | | | |
|--------------------|-------------------|---------------|--|--|---------------|---|
| | | | therapist or doctor. We anticipate serving 100-150 individuals. | to adults in Davis County This program runs for nine weeks for 2.5 hours. | | 2031. E-Cigarette Use will decrease in 10th grade from 15.3% in 2021 to 13% in 2031. |
| Measures & Sources | 2021 SHARP Report | Pre-post test | Attendance Records | Program Log, Attendance Records | Pre-post test | 2031 SHARP Report |

| | | | | | | | |
|----------------------------|--------------------|--|---|--|---|---|---|
| Program Name | | | | Cost of Program | | Identify OSUMH approved Evidence Based Clearinghouse | |
| Prime for Life (PRI) Adult | | | | Block Grant Funds:8500 State General Funds: Discretionary Funds: | | https://www.pewtrusts.org | |
| | | | | Total: \$8,500 | | | |
| Agency/Coalition | | | | Tier Level: | | | |
| Davis Behavioral Health | | | | 4 | | | |
| | Goal | Factors | Focus Population: U/S/I | | Strategies | Outcomes | |
| | | | Universal/Selective/Indicated | | | Short | Long |
| Logic | Reduce Alcohol Use | Favorable attitudes toward alcohol and drug use. | Indicated Adults 18 years and older. Most referrals are provided through the 2nd district court. We anticipate serving approximately 60-80 individuals. | | CSAP Prevention Strategy: Problem Identification & Referral | Favorable attitudes toward alcohol and drug use will decrease by 25% from | Maintain alcohol use rate of 9.3% for adult men from 2018 to 2028 |

| | | | | | | |
|--------------------|-----------------|----------------|--------------------|---|-----------------------|---|
| | | | | Education – program runs for 5 weeks at DBH on Tuesdays from 5:30-9pm | pretest to post test. | Maintain alcohol use rate of 6.5% for adult women from 2018 to 2028 |
| Measures & Sources | 2018 BRFSS Data | Pre-Post Tests | Attendance Records | Program Log, Attendance Records | Pre-post test | 2028 BRFSS Data |

| Program Name | | | | Cost of Program | | Identify OSUMH approved Evidence Based Clearinghouse | |
|-------------------------------|---------------------------------|-------------------|--|---|---|---|--|
| Community Capacity Building | | | | Block Grant Funds:10000 State General Funds: Discretionary Funds: | | Evidence-informed | |
| | | | | Total: \$10,000 | | | |
| Agency/Coalition | | | | Tier Level: | | | |
| DBH, NDCTC, LCTC, CCTC, SDCTC | | | | | | | |
| | Goal | Factors | Focus Population: U/S/I | | Strategies | Outcomes | |
| | | | Universal/Selective/Indicated | | | Short | Long |
| Logic | Reduce Lifetime E-Cigarette Use | Capacity Building | Universal These presentations target parents and other adults who have children in their lives. | | CSAP Prevention Strategy: Information Dissemination | Increase in referrals into EBP Increase in new key leader engagement | Lifetime e-cigarette use will decrease in 8th grade from 8.7% in 2021 to |

| | | | | | | |
|--------------------|-------------------|-------------------|--|--|--|--|
| | | | We anticipate serving 1000-1500 adults in Davis County | Environmental Strategy EDS SDS EC PE | Increase in participation on CTC Increase in social media/text tip engagement | 7% in 2031. Lifetime e-cigarette use will decrease in 10th grade from 15.3% in 2021 to 13% in 2031. |
| Measures & Sources | 2021 SHARP Report | 2021 SHARP Report | Attendance Records | Presentation Log, Attendance Records | 2025 SHARP Report Program tracking sheet | 2031 SHARP Report |

| | | | | | | | |
|-------------------------------|-----------------------------|--|--|---|--|---|--|
| Program Name | | | | Cost of Program | | Identify OSUMH approved Evidence Based Clearinghouse | |
| EASY Compliance Checks | | | | Block Grant Funds:15000 State General Funds: Discretionary Funds: | | | |
| | | | | Total: \$15,000 | | | |
| Agency/Coalition | | | | Tier Level: | | | |
| DBH, NDCTC, LCTC, CCTC, SDCTC | | | | 4 | | | |
| | Goal | Factors | Focus Population: U/S/I | | Strategies | Outcomes | |
| | | | Universal/Selective/Indicated | | | Short | Long |
| Logic | Reduce Lifetime Alcohol Use | Favorable attitudes toward alcohol and drug use. | Retailers and their employees who sell alcohol. We anticipate 200 checks in 113 retail establishments | | DBH will work with PDs to ensure alcohol compliance checks are being | Favorable attitudes toward alcohol and drug use will decrease in all grades | Lifetime alcohol use will decrease in all grades from 11.4% in 2021 to |

| | | | | | | |
|-----------------------|-------------------------|-------------------------|--|-----------|--|-------------------------|
| | | | | conducted | from 21.1% in 2021 to 19.1% in 2025. | 9.4% in 2031. |
| Measures & Sources | 2021 SHARP Report | 2021 SHARP Report | Alcohol Compliance Check Tracking Sheet | | 2025 SHARP Report | 2031 SHARP Report |